

Poster Session at the CT Academy of Nutrition and Dietetics  
Spring Meeting, Monday April 3, 2023

**Location: Aria Banquet and Wedding facility, 45 Murphy Rd in Prospect, CT**

CT Academy members, dietetic interns, nutrition students and nutrition-related researchers are invited to submit research and information-sharing abstracts. Selected abstracts will be presented at the meeting.

**Abstract Submission: Deadline Monday, March 20, 2023**

**Abstract Submission Instructions (abstracts must meet these requirements to be accepted!)**

1. Please type the abstract on the document below. Do not repeat title, authors, or institution within the space for the abstract. Single-spaced. Do not attach any continuation papers.  
**All abstracts must be 250 words or less. Use 12-font, Times New Roman only.**
  - a. **Research abstract:** Include a brief description of the author(s)'s original research, including Statement of Purpose, Methods, Findings, Conclusions, Practical Applications, and Implications for further study.
  - b. **Information Exchange - Project or program reports abstract:** Include a brief description of the purpose, the premise on which the work is based, unique characteristics of the project, description of the target audience, methods, setting, description of evaluation tools measuring the project's success, and the relevance of the project to the field of dietetics.
2. Type TITLE in caps within the lines provided. Type authors, degrees, RD status (or dietetic intern/student), and institution, location of institution in the spaces provided. **Include the name of your faculty mentor if you are a student/intern.**
3. CATEGORY SELECTION: Check one box that best fits your abstract.
4. CONFLICT OF INTEREST: CT Academy aims to ensure presentation of balanced, independent, objective information of high scientific integrity. **Authors must disclose the existence of any significant financial interest with poster. The abstract must indicate the funding source, if any, for the work described. If a conflict of interest is disclosed, the meeting program will note such information (e.g., nature of the disclosed information, associated commercial entity).**
5. HUMAN SUBJECT ASSURANCES: CT Academy endorses the protections embodied in the Basic Principles of the Declaration of Helsinki and their expansion in the regulations governing research supported by the U.S. Government (45 CFR Part 46; 56 FR 28003). CT Academy neither endorses nor will accept results of research that was not conducted in accordance with these Principles. **Authors will need to indicate if the information presented involved human subjects, the research was conducted in accordance with these Principles, and had Institutional Review Board Approval.**
6. **Poster display:** You are required to mount the poster on your own freestanding display board with binding clips. White Trifold Display boards can be purchased at Staples, Wal-Mart or online at Amazon. Display boards will sit on top of a table.
7. Submit your abstract as follows: Email abstract as a **Word document** to Dr. Melissa Brown at [mlbrown@usj.edu](mailto:mlbrown@usj.edu). **Please label your document with the last name of the first author (smithCTAcademyspring2023.doc)**
8. DEADLINE: Abstracts must be received by **March 20, 2023**. You will be notified by email about the acceptance of your abstract. Please note that poster participants must pay to attend the meeting.

If you have any questions, please contact Dr. Melissa Brown at [mlbrown@usj.edu](mailto:mlbrown@usj.edu) or 1-860-231-5262.

**Abstract Submission—CT Academy of Nutrition and Dietetics Spring Meeting 2023**

**Title:**

**Authors & Institutions:**

**Category:**     Research                       Information Exchange – Project or Programs Report

**Conflict of Interest:**

The authors wish to disclose conflict of interest (describe below)

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The authors do not have conflict of interest.

**Human Subject Assurances: Check all that apply**

- The research described in the abstract involved human subjects
- The research was conducted under ethical guidelines described above
- The authors had Institutional Board Review to conduct the research

**Abstract (be sure to indicate funding source if applicable)**